

Wauconda Township



Senior Resource Guide

Your key to information
for seniors and caregivers living in
Wauconda Township
and surrounding areas.

April 2011

THIS RESOURCE GUIDE WAS PAID AND PROVIDED FOR BY WAUCONDA TOWNSHIP

EMERGENCY NUMBERS



IF EMERGENCY: DIAL 9-1-1
NON-EMERGENCY NUMBERS



Lake County Sheriff's Office (847) 337-4000
McHenry County Sheriff's Office (815) 338-2144

POLICE

| | |
|-----------------|----------------|
| Island Lake | (847) 526-2100 |
| Lake Barrington | (847) 377-4000 |
| Lakemoor | (815) 385-4111 |
| Port Barrington | (847) 526-2100 |
| Volo | (847) 377-4000 |
| Wauconda | (847) 526-2421 |

FIRE

| | |
|-----------------|----------------|
| Island Lake | (847) 526-2821 |
| Lake Barrington | (847) 526-2821 |
| Lakemoor | (815) 385-0075 |
| Port Barrington | (847) 526-2821 |
| Volo | (847) 526-2821 |
| Wauconda | (847) 526-2821 |

The Wauconda Senior Coalition Group and area individuals sought to provide our community with a resource guide of services and programs for senior residents and their caregivers. We hope this information will aid in the care and well-being of our senior community and have a positive impact on their daily lives.

Revised April 2011

Comments and suggestions are welcomed.
Please contact Township Supervisor, Glenn Swanson
or
Township Senior Advocate,
Leslie Geist-Rohrer
(847) 526-2631
www.waucondatownship.com

Copies of the Resource Guide are available at:

Village of Island Lake Village Hall
Volo Village Hall
Wauconda Fire Department
Wauconda HealthCare & Rehab Centre
Wauconda Park District
Wauconda Area Public Library
Wauconda Senior Center
Wauconda Village Hall
Wauconda Township Office

DISCLAIMER

The names and phone numbers provided in this Township Senior Resource Guide are for informational purposes only. The Wauconda Senior Partnership Coalition Group, or any of the individuals participating in the preparation of this guide, does not endorse nor make any recommendation regarding any of the companies, firms or individuals which provide the goods and services listed herein. Although an attempt has been made to verify that the companies, firms or individuals listed are in existence and the phone number is valid, some information may not be accurate for various reasons. Should you have a specific concern please address your concerns to the merchant or entity providing the goods and services. In no event shall the Wauconda Senior Partnership Coalition Group, or any of the individuals participating in the preparation of this guide, have any liability to any person, firm or entity which shall either (i) utilize any of the information contained in this Township Senior Resource Guide or (ii) utilize any of the goods and services provided by any person, firm or entity listed in this Township Senior Resource Guide.

IN CASE OF EMERGENCY, DIAL 9-1-1

| | |
|-----------------------------------|--------------------|
| POLICE AND FIRE DEPT | |
| NON- EMERGENCY NUMBERS | Inside Front Cover |
| DISCLAIMER..... | 3 |
| ADULT DAY CARE | 8 |
| AGING NETWORK..... | 7 |
| Local..... | 7 |
| State and Federal | 7 |
| CHAMBERS OF COMMERCE | 8 |
| CHURCHES | 9 |
| CLOTHING, GIFT & THRIFT | 10 |
| COUNSELING/SOCIAL WORK | 11 |
| Area Organizations | 11 |
| DRIVERS LICENSE & PHOTO IDS | 11 |
| ELDER ABUSE | 11 |
| FINANCIAL ASSISTANCE | 11 |
| Food Stamps | 11 |
| Insurance | 12 |
| Pharmaceutical | 12 |
| Local..... | 12 |
| State..... | 12 |
| FOOD AND NUTRITION | 12 |
| HEALTH AND MEDICAL SERVICES | 13 |
| AIDS/HIV | 13 |
| Alcohol / Drug Treatment..... | 13 |
| Alzheimer's Disease | 13 |
| Arthritis..... | 13 |
| Cancer | 13 |
| Dental | 14 |
| Diabetes..... | 14 |
| Doctor | 14 |
| Hearing | 14 |
| Osteoporosis..... | 15 |
| Parkinson's Disease | 15 |
| Stroke | 15 |
| Vision Impaired | 15 |

| | |
|--|----|
| HOME HEALTH CARE | 15 |
| HOSPITALS/ MEDICAL CENTERS..... | 15 |
| HOSPICE | 16 |
| HOUSING | 16 |
| Housing Authority of Lake County | 16 |
| Fair Housing Center of Lake County | 16 |
| Alzheimer’s Housing | 16 |
| Assisted Living..... | 16 |
| Continuing Care Retirement Community | 17 |
| Mental Health Shelter | 17 |
| Nursing Homes | 17 |
| Rental | 17 |
| Shared/ Independent Living..... | 18 |
| LEGAL SERVICES | 18 |
| LIBRARY | 21 |
| MEDICAL EQUIPMENT | 19 |
| PESONAL EMERGENCY RESPONSE SYSTEM..... | 19 |
| PHARMACY | 19 |
| PHYSICAL THERAPY | 20 |
| POLICE | 20 |
| REAL ESTATE..... | 20 |
| SENIOR SERVICE ORGANIZATIONS | 20 |
| SENIOR SOCIAL GROUPS | 21 |
| SOCIAL/SERVICE/RECREATIONAL..... | 21 |
| SUPPORT GROUPS..... | 22 |
| Alcoholism | 22 |
| Alzheimers | 22 |
| Arthritis..... | 22 |
| Caregiver Support Group..... | 22 |
| Depression..... | 22 |
| Grief..... | 22 |
| Smoking..... | 23 |
| Stroke | 23 |
| TAX RELIEF | 23 |
| Circuit Breaker | 23 |
| Homestead Exemption, | 23 |
| Senior Homestead Exemption | 23 |
| Senior Assessment Freeze..... | 23 |
| Property Tax Deferral..... | 23 |
| Income Tax Aid | 23 |
| Free Tax Preparation | 23 |
| TELEPHONE REASSURANCE SERVICES | 23 |

| | |
|---|----|
| TRANSPORTATION | 24 |
| General | 24 |
| Metra Rail | 25 |
| Metro Taxi | 24 |
| Metro Transportation..... | 24 |
| UTILITIES | 25 |
| VETERANS BENEFITS..... | 25 |
| VILLAGES LOCATED IN WAUCONDA TOWNSHIP | 26 |
| VOLUNTEER OPPORTUNITIES | 26 |

AGING NETWORK

Agencies that can help locate community services.

❖ LOCAL ORGANIZATIONS

| | | |
|---|------------|-----------------------|
| Barrington Area Council on Aging | Barrington | (847) 381-5030 |
| Catholic Charities | | (847) 546-5733 |
| | Round Lake | (800) 942-3930 |
| McHenry Township Senior Center | McHenry | (815) 344-3555 |

❖ AREA ORGANIZATIONS

| | | |
|---|--|-----------------------|
| Age Options | | (708) 383-0258 |
| | | (800) 528-2000 |
| Northeastern Illinois Area Agency of Aging | | (800) 528-2000 |
| | | (815) 344-3555 |
| | | (800) 339-3200 |

❖ STATE / FEDERAL PROGRAMS

| | | |
|--|--|-----------------------|
| A.A.R.P. | | (800) 687-2277 |
| State Agency on Aging | | (800) 252-8966 |
| Community Care Program | | (800) 252-8966 |
| The Elder Abuse Hotline | | (800) 252-8966 |
| Nights & weekends – after hour's hotline..... | | (800) 279-0400 |
| Foster Grandparents Program | | (800) 252-8966 |
| Illinois Home Energy Assistance Program & Low-Income Energy Program | | (800) 252-8966 |
| Nursing Home Ombudsman | | (800) 252-8966 |
| Senior Action Centers | | (800) 252-8966 |
| Alzheimer's Association | | (800) 272-3900 |
| American Cancer Society | | (800) 227-2345 |
| Attorney General's Office | | (800) 228-3368 |
| Circuit Breaker Benefits | | (800) 624-2459 |
| For forms..... | | (800) 356-6302 |
| Elder Eye Care Hotline | | (800) 222-3937 |
| Eldercare Locator | | (800) 222-3937 |
| Energy Assistance & Weatherization | | (877) 411-9276 |
| Hearing Aids – State of IL Public Health Dept | | (800) 545-2200 |

| | |
|--|----------------|
| Illinois Departement on Aging Nursing Home Ombudsman | (800) 252-8966 |
| Lighthouse International for the Blind..... | (800) 334-5497 |
| Nursing Home Center Complaint Registry | (800) 252-4343 |
| Nursing Home Info & Abuse Hotline | (800) 252-4343 |
| Social Security (Illinois & Nationwide) | (800) 772-1213 |
| Supplemental Security Income Disability Assistance | (800) 772-1213 |
| Telephone Assistance hearing/Voice impairment | (800) 526-0844 |
| US Medicaid Health Insurance Hotline | (800) 633-4227 |
| United States Postal Service Hotline | (800) 654-8896 |
| Veterans Affairs | (847) 689-4153 |

❖ **IIINOIS DEPARTMENT OF HUMAN RESOURCES**

| | |
|--|----------------|
| Food Stamps..... | (800) 843-6154 |
| Home Health Care..... | (800) 843-6154 |
| Medicaid and Medicare Assistance/No Grant..... | (800) 843-6154 |
| State Supplemental Payments to the Aged, Blind & Disabled..... | (800) 843-6154 |

❖ **ADULT DAY CARE**

| | | |
|---|-------------------|----------------|
| Cherished Place Adult Day Care | Arlington Heights | (847) 368-7397 |
| | West Dundee | (847) 586-5770 |
| Condell Intergenerational Adult Day Care | Libertyville | (847) 816-4585 |
| Extra Care for families living with Alzheimer's | Wildwood | (847) 543-0922 |
| Family Alliance | Woodstock | (815) 338-3590 |
| Alden Terrace of McHenry | McHenry | (815) 344-2600 |

❖ **CHAMBERS OF COMMERCE**

| | |
|----------------------|----------------|
| Barrington..... | (847) 381-2525 |
| Crystal Lake..... | (815) 459-1300 |
| Fox Lake..... | (847) 587-7474 |
| Grayslake..... | (847) 223-6888 |
| Island Lake | (847) 526-1766 |
| Lake Zurich | (847) 438-5574 |
| McHenry | (815) 385-4300 |
| Round Lake Area..... | (847) 546-2002 |
| Wauconda..... | (847) 526-5580 |



CHURCHES

❖ ISLAND LAKE

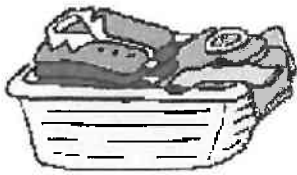
- Crossroads Community Church/Southern Baptist** (847) 639-2419
29092 W. Roberts Road
- Faith Community Church/United Church of Christ**..... (815) 479-1307
2023 Rt. 176 Prairie Grove
- Gurdwara Gurjot Parkash Sahib**..... (847) 526-5688
217 W. State Road
- St. John's Lutheran Church/Missouri Synod** (847) 526-7614
405 West State Road

❖ WAUCONDA

- Church of the Holy Apostles/Episcopal** (847) 526-7148
26238 N. Hwy. 59
- Evangelical Free Church of Wauconda**..... (847) 526-8254
700 W. Liberty Street
- The Federated Church/American Baptist/United Methodist** (847) 526-8471
200 S. Barrington Road
- Evangelical Free Church-Iglesia Evangelica Libre Crito La Roca**..... (847) 526-7373
700 W. Liberty Street
- Transfiguration Catholic Church**..... (847) 526-2400
316 W. Mill Street
- Messiah Lutheran Church/ Evangelical Lutheran Church in America** (847) 526-7176
25225 W. Ivanhoe Road Wauconda
- First Church of Christ Scientist & Reading Room** (847) 526-7373
475 W. Liberty Street Wauconda

❖ VOLO

- St. Peter's Catholic Church** (815) 385-5496
27570 Old Volo Village Road



CLOTHING, GIFT & THRIFT

Allendale's Hidden Treasures Round Lake Beach **(847) 543-8731**
2177 North Rt. 83

The Catchpenny Barrington **(847) 381-7721**
118 E. Main Street

Goodwill

746 S. Rand Road, Lake Zurich **(847) 550-0769**

2051 N. Illinois Route 83 Round Lake Beach **(847) 543-1082**

Pink Door Thrift Shop McHenry **(815) 344-4560**
1208 N. Green Street

Salvation Army Thrift Shop McHenry **(815) 759-9101**
4400 W. Elm Street

Sparrows Nest

3714 W. Elm Street McHenry **(815) 363-6008**

Tri-County Thrift Shop Wauconda **(847) 526-0383**
457 W. Liberty Street

Lambs Farm Thrift Shop Libertyville **(847) 327-9053**
14245 W. Rockland Road

❖ COUNSELING / SOCIAL WORK

Barrington Area Council on Aging Barrington **(847) 381-5030**

Catholic Charities **(847) 546-5733**

Holbrook Center/ St. Mary of the Lake Gatehouse Mundelein **(847) 566-5168**

Senior Service Associates Inc **(800) 339-3200**

McHenry Township Recreation Center McHenry **(815) 344-3555**

❖ **AREA ORGANIZATIONS**

| | |
|--|--|
| A.A.R.P | (888) 687-2277 (800) 252-8966 |
| Chicago Department on Aging | (312) 744-4016 |
| Lake County | (847) 546-5733 (800) 942-3930 |
| McHenry County | (815) 344-3555 (800) 339-3200 |



DRIVER'S LICENSE – PHOTO ID'S

| | |
|--|-----------------------|
| Secretary of State | (800) 252-8980 |
| Rules of the Road Review Course | (217) 782-8893 |
| Circuit Breaker Program- Reduced Fee License Plates | (800) 252-8966 |
| Persons with Disabilities Plates | (217) 782-2709 |
| 55 Alive AARP Driving Course | (888) 227-7669 |

ELDER ABUSE

Older persons aged 60 and over are protected under Illinois Law from being physically, emotionally or financially victimized.

| | |
|---|-----------------------|
| Catholic Charities | (847) 546-5733 |
| Consumer Fraud | (800) 386-5438 |
| Senior Services Associates | (815) 344-3555 |
| Illinois Department on Aging | (800) 800-1409 |



FINANCIAL ASSISTANCE

| | |
|--|-----------------------|
| Illinois Department of Human Services | (800) 843-6154 |
| Food Stamps/SNAP | |

❖ **INSURANCE**

| | | |
|---|------------|-----------------------|
| Centegra Health System | McHenry | (815)759-4203 |
| SHIP-Senior Health Insurance Program | | (800) 548-9034 |
| Patty Turner Senior Center | Riverwoods | (847) 940-4010 |
| Village of Riverwoods | Riverwoods | (847) 945-3990 |
| Vista Health | Waukegan | (847) 360-2230 |



PHARMACY

| | | |
|---|--|-----------------------|
| Illinois Cares Rx- Pharmaceutical Assistance Program | | (800) 252-8966 |
|---|--|-----------------------|

❖ **LOCAL**

| | | |
|---|----------|-----------------------|
| Catholic Charities | | (847) 546-5733 |
| Senior Services Associates | | (815) 344-3555 |
| St. Vincent DePaul Society | Wauconda | (847) 526-2400 |
| Wauconda Township Office | Wauconda | (847) 526-2631 |

❖ **STATE**

| | | |
|---|-----------|-----------------------|
| Medicaid | | (800) 252-8966 |
| Medicare | | (800) 252-8635 |
| Social Security Administration Office | Waukegan | (800) 772-1213 |
| | Woodstock | (815) 338-3751 |
| State of Illinois Senior Healthcare Portal | | (800) 252-8966 |



FOOD AND NUTRITION

Meals on Wheels

| | | |
|--|--|-----------------------|
| Round Lake Catholic Charities | | (847) 546-5733 |
| McHenry Township Meals | | (815) 385-8260 |
| Northern Illinois Food Bank | | (847) 336-5212 |
| Nutrition Hotline | | (800) 843-8114 |

Peapod at Peapod.com Home Delivery of Groceries **(800) 573-2763**
St. Vincent DePaul Society.....Wauconda **(847) 526-2400**
Schwan's Home Delivery..... Round Lake Beach **(847) 724-9267**
Wauconda – Island Lake Food Pantry.....Wauconda **(847) 526-8684**
 505 W. Bonner Road
 Monday – Saturday 10:00 a.m. – 12:00 p.m.
 Tuesday evening 4:30 p.m. – 6:00 p.m.
 Thursday evening 4:30 p.m. – 6:00 p.m.

HEALTH AND MEDICAL SERVICES

❖ AIDS/HIV

Northwest Community Hospital.....Arlington Heights **(847) 618-3460**



ALCOHOL/DRUG TREATMENT

Good Shepherd Hospital / Advocate **(800) 323-8622**

❖ ALZHEIMER'S DISEASE

Alzheimer's Association..... **(847) 933-2413**

Alzheimer's Association..... Helpline **(800) 578-3742**

Extra Care for Families Living with Alzheimer's..... Grayslake **(800) 272-3900**

Alzheimer's Caregivers Support Group..... Woodstock **(847) 933-1000**

Rush Alzheimer's Disease Center **(312) 942-3333**

❖ ARTHRITIS

Arthritis Foundation **(800) 735-0096**

❖ CANCER

American Cancer Society..... **(312) 641-6150**

Lake County **(847) 317-0025**



DENTAL

- Illinois Foundation of Dentistry (312) 440-8976
- Illinois State Dental Society (800) 893-1685
- CLC Dental Hygiene Clinic Waukegan (847) 543-2172

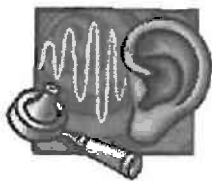


DOCTOR

- Alzheimer's Disease Information (800) 272-3900
- American Cancer Society (847) 317-0025
- American Diabetes Association Northern Illinois (800) 342-2383
- American Heart Association (312) 346-4675
- American Liver Foundation (312) 377-9030
- American Lung Association (800) 548-8252
- Arthritis Foundation (800) 735-0096
- Medicare Fraud Hotline (800) 633-4227
- National Health Information Center (800) 336-4797
- National Kidney Foundation Chicago (800) 622-9010
- National Stroke Association (800) 787-6537
- Medicare, Fraud & Waste Hotline (800) 447-8477

❖ DIABETES

- National Diabetes Information Clearinghouse (800) 860-8747



HEARING

- Anixter Center (773) 973-7900
- TTY/Hearing Services (773) 973-2180
(847) 382-6010

❖ **OSTEOPOROSIS**

National Osteoporosis..... (773) 248-9121

❖ **PARKINSON'S DISEASE**

American Parkinson's Disease Association (800) 223-2732

❖ **STROKE**

National Stroke Association..... (800) 787-6537



VISION IMPAIRED

American Foundation for the Blind..... (800) 232-5463

Illinois Association of Ophthalmology (847) 680-1666

Lighthouse International (800) 829-0500

Wauconda Lions Club (847) 526-3310

❖ **HOME HEALTH CARE**

Hearts Of Gold Homecare IncRound Lake (847) 740-1550

Premier Home Health Care, Inc (773) 586-6717

Harmony Home Care.....Barrington (847) 382-6200

Home Instead Senior CareCary (847) 462-0303
Grayslake (847) 543-8881

Provena Home Health Care..... (847) 360-7660

Centegra Home Health..... (815) 344-6602

Advocate Home Health Service..... (800) 564-2025

❖ **HOSPITALS - MEDICAL CENTERS**

Advocate Condell Medical Center Libertyville (847) 362-2900

Advocate Good Shepherd.....Barrington (847) 381-9600

Highland Park HospitalHighland Park (847) 432-8000

Northwestern Lake Forest Hospital..... Lake Forest (847) 234-5600

Memorial Medical CenterWoodstock (815) 334-3812

Centegra HospitalMcHenry (815) 344-5000

Centegra Sage Cancer Center McHenry (815) 344-8000
 Sherman Hospital Elgin (847) 742-9800
 Sherman Hospital Regional Heart Center Elgin (847) 429-8988
 Vista Health System..... Waukegan (847) 360-3000

❖ **HOSPICE**

Hospice of Northeastern Illinois..... Barrington (800) 425-4444
 Palliative Care Center & Palliative Care..... Evanston (847) 467-7423
 Season’s Hospice & Palliative Care Park Ridge (800) 570-8809
 Vitas Innovation Hospice Care Lombard (800) 938-4827

❖ **HOUSING**

Housing Authority of Lake County Grayslake (847) 223-1170
 Fair Housing Center of Lake County Waukegan (847) 336-3247
 Lake County Center for Independent Living Mundelein (847) 949-4440

❖ **ALZHEIMERS HOUSING**

Addolorata Villa Wheeling (847) 215-5531
 Belmont Village..... Buffalo Grove (847) 708-6430
 Brighton Gardens Hoffman Estates (847) 755-0735
 Cross Healthcare Center at Friendship Village Schaumburg (847) 884-5050
 The Fountains Crystal Lake (815) 455-8400
 Harbor House..... Wheeling (847) 465-1100
 Lutheran Home and Services..... Arlington Heights (847) 368-7400
 Paradise Park..... Fox Lake (847) 437-4663
 Wauconda HealthCare & Rehabilitation Centre Wauconda (847) 526-5551

❖ **ASSISTED LIVING**

The Fountains Crystal Lake (815) 455-8400
 Lake Barrington Woods..... Lake Barrington (847) 842-8900
 The Moorings of Arlington Heights..... Arlington Heights (847) 956-4304
 Lutheran Home and Services..... Arlington Heights (847) 368-7400
 The Garlands of Barrington..... Barrington (847) 852-3500
 Heritage Woods McHenry (815) 344-2690

❖ CONTINUING CARE RETIREMENT COMMUNITIES

Also known as a Continuité Care Community (CCC) or life care community. These residences offer care to individuals and couples for the remainder of their lives. Most require an entrance fee plus a monthly maintenance charge.

| | | |
|--|-----------------|-----------------------|
| McHenry Villa | McHenry | (815) 344-0246 |
| The Garlands of Barrington | Barrington | (847) 304-1996 |
| The Fountains of Crystal Lake | Crystal Lake | (847) 455-8400 |
| Lake Barrington Woods | Lake Barrington | (847) 842-8900 |

❖ MENTAL HEALTH SHELTER

| | | |
|--|-------------|-----------------------|
| Sheltering Oaks Inc. Immediate Care | Island Lake | (847) 526-3636 |
|--|-------------|-----------------------|

❖ NURSING HOMES

| | | |
|--|------------------|-----------------------|
| Alden Terrace of McHenry Rehab Center | McHenry | (815) 344-2600 |
| Crystal Pines Health Care Center | Crystal Lake | (847) 639-8958 |
| Fair Oaks Health Care Center | Crystal Lake | (815) 455-0550 |
| Hillcrest Nursing Center | Round Lake Beach | (847) 546-7563 |
| Lexington of Lake Zurich | Lake Zurich | (847) 726-1200 |
| The Fountains | Crystal Lake | (815) 477-6142 |
| Wauconda Healthcare & Rehabilitation Centre | Wauconda | (847) 526-5551 |
| Winchester House | Libertyville | (847) 362-4340 |

❖ RENTAL

Rental housing designed for independent living. Usually supportive services such as meals, housekeeping, recreation, health care and assisted living are an extra cost.

| | | |
|---|--------------|-----------------------|
| The Fountains of Crystal Lake | Crystal Lake | (815) 455-8400 |
| McHenry County Housing Authority | McHenry | (815) 338-7752 |
| McHenry Villa | McHenry | (815) 344-0246 |
| Leisure Village | Fox Lake | (847) 587-6795 |
| Lakeland Apartments | Fox Lake | (847) 587-9777 |
| Lilac Apartments | Fox Lake | (847) 587-8830 |
| The Villager | Crystal Lake | (815) 459-7788 |

❖ SHARED / INDEPENDENT LIVING

| | | |
|--|--------------|----------------|
| Maplehurst – Shared Senior Housing | Zion | (847) 872-7527 |
| Spring Meadows | Libertyville | (847) 816-6644 |

INSURANCE COUNSELING

Complimentary assistance with Medicare, Medicare supplemental, and HMO claims and policy comparisons.

| | |
|--|----------------|
| SHIP (Senior Health Insurance Program) | (847) 381-5030 |
| SHIP Insurance Counseling..... | (800) 548-9034 |
| Illinois Dept of Insurance | (800) 548-9034 |
| Senior Advocate / Advocate Good Shepherd Hospital..... | (847) 382-7277 |

LEGAL SERVICES

❖ ADVANCED DIRECTIVES

Durable Power Of Attorney for Property and/or Health Care. Allows an individual to authorize another person to handle personal and business affairs in the event he or she is unable to due to illness, absence or disability.

| | |
|--|----------------------------------|
| Barrington Area Council on Aging | (847) 381-5030 |
| Good Shepherd Hospital/Advocate | Chaplain's Office (847) 981-9600 |
| Illinois Attorney General | (800) 243-3377 |
| Illinois Department on Aging..... | (800) 252-8966 |

❖ ASSISTANCE

| | |
|---|--------------------------------------|
| Illinois Department of Insurance..... | (800) 548-9034 |
| (Insurance scams/complaints) | |
| Lake County States Attorney | (847) 360-6644 |
| McHenry County Legal Aid Committee..... | (815) 338-1011 |
| McHenry County States Attorney | (815) 334-4159 |
| Prairie State Legal Services | Lake/McHenry Counties (800) 942-3940 |

❖ ELDER LAW ATTORNEYS

| | |
|--|----------------|
| National Academy of Elder Law Attorneys, Inc | www.naela.com |
| Senior Citizen Legal Services | (312) 341-1070 |
| Secretary of State Senior Hotline | (800) 252-2904 |

❖ GUARDIANSHIP

A guardian is a person, institution or agency appointed by the Probate Court to manage the affairs of another person.

| | |
|-------------------------|----------------|
| Catholic Charities..... | (847) 546-5733 |
| Senior Services | (815) 344-3555 |



MEDICAL EQUIPMENT

| | |
|---------------------------------|----------------------------|
| Wauconda Township Office | Wauconda (847) 526-2631 |
| Ela Township Office | Lake Zurich (847) 438-7823 |
| St. Vincent DePaul Society..... | Wauconda (847) 526-2400 |
| Wauconda Lions Club | Wauconda (847) 526-3310 |

❖ PERSONAL EMERGENCY RESPONSE SYSTEMS

| | |
|-------------------|----------------|
| Lifeline..... | (800) 579-3341 |
| Link to Life..... | (800) 338-4176 |



PHARMACY

| | |
|--|------------------------------------|
| Circuit Breaker..... | (800) 732-8866 |
| Illinois Rx Buying Club | (866) 215-3462 |
| Medicare Approved Discount Cards..... | www.medicaregov.com (800) 562-1033 |
| Pharmaceutical Assistance Program..... | (800) 624-2459 |
| Wauconda Pharmacy | Wauconda (847) 526-2591 |
| Fair Haven Pharmacy | Mundelein (847) 566-5800 |
| Jewel Osco..... | Wauconda (847) 526-1239 |
| Walgreen's..... | Wauconda (847) 487-9282 |



PHYSICAL THERAPY

| | | |
|--|----------|-----------------------|
| Wauconda HealthCare & Rehabilitation Centre | Wauconda | (847) 526-5551 |
| Wauconda Physical Therapy | Wauconda | (847) 487-0290 |
| S'WELL-Senior Wellness | Waukegan | (847) 360-6717 |



POLICE

| | | |
|---|-------------------------|---|
| Crime Stoppers | | (847) 662-2222 |
| Lake County Sheriff's Office | Waukegan | (847) 337-4000 |
| Alzheimer's Association | "A Safe Return" program | (800) 572-1122 |
| Illinois Attorney General Task Force | | (800) 243-5377 |
| Crime and Consumer Fraud | | (800) 876-7060 (800) 252-2518 (312) 603-8700 |
| Illinois State Police - Medicaid Fraud Hotline | | (888) 557-9503 |
| Island Lake Police Department | Island Lake | (847) 526-2100 |
| Social Security Administration – Fraud Hotline | | (800) 269-0271 |
| State Financial Crime Task Force | Chicago | (773) 602-5626 |
| | Springfield | (800) 476-8294 |
| Wauconda Police Department | Wauconda | (847) 526-2421 |

❖ REAL ESTATE

| | | |
|---|---------|-----------------------|
| Senior Advantage Real Estate Council | Ivanhoe | (847) 837-1992 |
|---|---------|-----------------------|

❖ SENIOR SERVICE ORGANIZATIONS

| | | |
|--|-------------------|-----------------------|
| Community Companion Program/Lutheran Home | Arlington Heights | (847) 368-7392 |
| Lake County Council for Seniors | Waukegan | (847) 244-1720 |
| Lake County Community Action Project | Waukegan | (847) 249-4330 |
| Love Inc. | Wauconda | (847) 469-8835 |
| McHenry Senior Citizens | | (815) 892-3272 |
| Council on Aging | | (815) 455-2157 |

Wauconda Township Senior ServicesWauconda (847) 526-8689
Senior Community Services EmploymentWaukegan (847) 332-1004

❖ **SENIOR SOCIAL GROUPS**

Island Lake Area Seniors Group..... Island Lake (847) 487-0334
 3720 Greenleaf Avenue
Island Lake Women’s Club..... Island Lake (847) 526-8496
 3720 Greenleaf Avenue
Jetsetters - Grandmother’s ClubWauconda (847) 223-1616
 100 N. Main Street
Wauconda - Island Lake Seniors ClubWauconda (847) 526-9005
 505 W. Bonner Road
Wauconda Senior Card Club (847) 526-9240
Wauconda Women’s Club (847) 487-6137
Wauconda Evangelical Free Church.....Wauconda (847) 526-8254
 700 W. Liberty Street

❖ **SOCIAL / SERVICE / RECREATIONAL**

American Legion Post 911Wauconda (847) 526-9718
 515 S. Main Street
Citizens Activity CenterWauconda (847) 526-5580
 100 N. Main Street
Island Lake Park and Recreation Island Lake (847) 526-4851
 3720 Greenleaf Avenue
Knights of ColumbusWauconda (847) 526-2400
Loyal Order of Moose Lodge #1969Wauconda (847) 526-8118
Mayflower Chapter #555 OESWauconda (847) 526-8150
Wauconda Masonic Lodge #298Wauconda (847) 526-8150
 220 Brown Street
Wauconda Historical Society (847) 526-3071
Wauconda Area Public LibraryWauconda (847) 526-6225
 801 N. Main Street
Wauconda Lions Club (847) 526-3310
Wauconda Rotary Club (847) 526-0309
Wauconda Park DistrictWauconda (847) 526-3610
 600 N. Main Street

| | |
|---|-----------------------|
| Lake County Forest Preserve General Office | (847) 367-6640 |
| Questions on History..... | (847) 968-3400 |
| Questions on Nature..... | (847) 968-3321 |
| McHenry Forest Conservation | (815) 338-6223 |

❖ SUPPORT GROUPS

| | |
|---|--|
| Alcoholics Anonymous | (847) 359-3311 (815) 455-3311 |
| Al Anon/St. Michael's Church | Barrington (847) 836-5142 |
| One Day at a Time/Holy Family Parish | Inverness (847) 577-2511 |

❖ ALZHEIMER'S

| | |
|---|---------------------------------|
| Family Alliance | Woodstock (815) 338-3590 |
| Alzheimer's Association | |
| Northern Illinois Office Toll-free (help line) | Rockford (888) 301-1819 |

❖ ARTHRITIS

| | |
|-----------------------------------|--|
| Arthritis Foundation | Chicago (312) 616-3470 (800) 735-0096 |
|-----------------------------------|--|

❖ CAREGIVER SUPPORT GROUP

| | |
|--|---|
| Alexian Brothers Medical Center | Elk Grove Village (847) 981-5582 |
| Condell Hospital | Libertyville (847) 816-4585 |
| Family Alliance | Woodstock (815) 338-3590 |
| Low Vision Support Group | Barrington (847) 381-5030 |
| Wauconda HealthCare & Rehabilitation Centre | Wauconda (847) 526-5551 |

❖ DEPRESSION

| | |
|---|---|
| Good Shepherd Hospital | Barrington (800) 323-8622 |
| Northwest Community Healthcare | Arlington Heights (847) 618-4080 |

❖ GRIEF

| | |
|--|---------------------------------|
| Compassionate Friends | |
| National | (630) 990-0010 |
| Northwest Chapter | (847) 564-5851 |
| Hope Beyond Grief/Holly Family Church | Inverness (847) 882-4727 |

❖ SMOKING

Good Shepherd HospitalBarrington (847) 323-8622
Northwest Community HealthcareArlington Heights (847) 618-3463

❖ STROKE

National Stroke Association Prevent Recurrent Stroke (800) 787-6537
Lake County Stroke ClubWaukegan (847) 360-2697

❖ CIRCUIT BREAKER

Illinois Department of Revenue..... (800) 732-8866

**❖ HOMESTEAD EXEMPTION, SENIOR HOMESTEAD EXEMPTION,
SENIOR ASSESSMENT FREEZE**

McHenry Township Assessor's OfficeMcHenry (815) 385-0175
Nunda Township Assessor's OfficeCrystal Lake (815) 459-6140
Wauconda Township Assessor's Office.....Wauconda (847) 526-2881

❖ PROPERTY TAX DEFERRAL

Lake County Treasurer (847) 377-2323

❖ INCOME TAX AID

Tax Counseling for Seniors (888) 227-7669

❖ FREE TAX PREPARATION

Wauconda Township LibraryWauconda (847) 526-6225

❖ TELEPHONE REASSURANCE SERVICES

Are You OkWaukegan (847) 360-5830
Telecare/Good Shepherd Hospital.....Barrington (847) 381-0123
ext. 5093

❖ ILLINOIS DEPARTMENT OF REVENUE

Circuit Breaker Program and Pharmaceutical Program
Reduced fee License Plates..... (800) 624-2459
Senior Citizen Property Tax Deferred (800) 732-8866

Medicare..... Chicago (800) 642-6930
 Nursing Home Info & Abuse..... (800) 252-4343

❖ Secretary of State

Senior Hotline (800) 252-2904
 Licensing (800) 252-8980
 Office Libertyville (800) 362-7171



TRANSPORTATION

AA Hills & Groves

..... Barrington (815) 382-8811
 Mundelein (847) 842-1210
 Ameri Cab (847) 991-1155

❖ American Taxi Cab

..... Barrington (847) 253-4411
 Mundelein (847) 566-3131
 Crystal Lake Cab (senior discount) (815) 337-8294
 Good Shepherd Hospital Transportation (888) 574-5700
 Lincoln Transport (847) 566-6873
 Mexicana Taxi (847) 375-0958
 McHenry Yellow Cab (815) 385-6100
 303 Taxi (847) 368-0303
 Wauconda Township Senior Services Wauconda (847) 526-8688

❖ METRO TAXI

..... Mundelein (847) 949-6464
 Libertyville (847) 546-9358

❖ METRO TRANSPORTATION

..... Mundelein (847) 816-9494
 McHenry Cab (815) 385-0723

Mundelein Cab..... (847) 918-0222

❖ METRA RAIL STATIONS

Barrington Station..... (847) 381-0065

Fox Lake Station (847) 587-7515

Fox River Grove Station (847) 639-4241

McHenry Station (815) 943-5244

❖ UTILITIES

Comcast TV..... (866) 594-1234

AT&T Local & Long Distance (800) 244-4444

AT&T Repair Service..... (888) 611-4466

Com Ed (800) 334-7661

Nicor Gas (888) 642-6748

Julie Underground Service Locators..... (800) 892-0123

❖ Municipal Sewer & Water

Island Lake Public Works..... (847) 526-8767

Island Lake Sanitary District..... (847) 526-3300

Wauconda Public Works (847) 526-9610

❖ VETERAN'S BENEFITS

Veterans Affairs (800) 831-6515

Department of Veterans Affairs..... (800) 827-1000

Edward Hines VA Hospital (708) 343-7200

**US Veterans Medical Center – North Chicago..... (847) 688-1900
ext. 6929**

US Veterans Medical Clinic.....McHenry (815) 759-2306

VILLAGES LOCATED IN WAUCONDA TOWNSHIP

| | | |
|---|-------------|-----------------------|
| Village of Port Barrington | Barrington | (847) 639-7595 |
| Village of Island Lake | Island Lake | (847) 526-8764 |
| Village of Lake Barrington | Barrington | (847) 381-6010 |
| Village of Lakemoor | Lakemoor | (815) 385-1177 |
| Village of Volo | Volo | (847) 740-6982 |
| Village of Wauconda | Wauconda | (847) 526-9600 |

❖ VOLUNTEER OPPORTUNITES

| | | |
|---|----------|-----------------------|
| Lake County Community Action Project | Waukegan | (847) 249-4330 |
| Neighbor - to - Neighbor Volunteer | McHenry | (815) 344-3555 |
| St. Vincent DePaul Society | | (847) 526-2400 |
| Wauconda Township | Wauconda | (847) 526-8688 |